

**Region 7 AAAAAA**

**April 18-20**

<b>Long Jump</b>	2:15	<b>1600</b>	Rolling	<b>4x400 A</b>	Rolling
Will Wideman		Axel Mateo		Will Wideman	
Lawton Dean		KC Heron		Zach Owens	
<b>High Jump</b>	2:45	<b>400</b>	Rolling	Will Zegers	
Daunte Ford		Will Zegers		Tony Parisi	
Cameron Hall		Noah Eklund		alt. Muiz Yoonis	
<b>Discus</b>	2:45	<b>100</b>	Rolling	alt. Matthew McAlpine	
Debrady Ford		Matthew McAlpine		<b>4x400 B</b>	Rolling
Marco Guillen		Zach Owens		Noah Eklund	
<b>Pole Vault</b>	2:45	<b>110H</b>	Rolling	Harry Coppedge	
William Hood		Daunte Ford		Cole Heron	
Aidan Frias		Cameron Hall		KC Heron	
<b>4x100 A</b>	4:45	<b>800</b>	Rolling	alt. Sam Mullins	
Matthew McAlpine		Tony Parisi		alt. Aidan Murphy	
Zach Owens		Muiz Yoonis		<b>Day 2 - April 20</b>	
Will Zegers		<b>200</b>	Rolling	<b>Triple Jump</b>	3:45?
Harry Coppedge-R		Matthew McAlpine		Will Wideman	
alt. Joe Stellmach		Harry Coppedge-R		Harry Coppedge-R	
alt.		<b>300h</b>	Rolling	<b>Shot Put</b>	3:45
<b>4x100 B</b>	4:45	Will Wideman		Marco Guillen	
Ross Trombetti		Daunte Ford		DeBrady Ford	
Drew Antoniadis		<b>Girls 3200</b>	Rolling	<b>Running Finals</b>	
Trevor Ranieri				<b>4x100</b>	5:45
Josh Huffman				<b>1600 Girls</b>	5:55
alt. Andrew Best				<b>400</b>	6:10
alt. Stephen Liu				<b>100</b>	6:20
				<b>110H</b>	6:35
				<b>800</b>	6:50
				<b>200</b>	7:05
				<b>300h</b>	7:20
				<b>3200</b>	7:35
				Josh Seiden	
				Jacob Brenneman	
				<b>4x400</b>	7:50
				<b>Awards</b>	