

Region 6-AAAAAA

April 28 and 30, 2021

@McEachern High School, Powder Springs, GA

Allatoona High School would like to welcome you to this year's Region 6-AAAAAA meet on Wednesday 4/28 and Friday 4/30 at McEachern High School. We look forward to some outstanding competition from the 2021 field of teams. Included below are the meet schedule, entry instructions, event assignments, and parking/meet-set up diagram. Please read this document carefully and let us know if you have any questions.

Meet Fee: There will be a meet fee of \$115 per school (includes both boys and girls). This fee will cover costs of timing, the starter, and coaches hospitality. Checks should be made out to Allatoona Track and can be mailed in advance or brought to the meet on 4/28.

Event Format and Qualifying: There will be 3 preliminary attempts in jumps and throws with 9 athletes advancing to finals. Finalists will receive 3 additional attempts. The 3200m will be run as final on 4/28 and the 1600m will be run as final on 4/30. 1st place in each heat and the next fastest times in Wednesday's prelims will advance to finals on Friday. The 4x400m will be ran as a Finals only on 4/30 with sections vs. Times.

Tickets: McEachern High School is a cashless school that uses GoFan to purchase tickets. The stadium has a maximum capacity of 600 tickets per day. Each region school will be designated the same amount of tickets to sale to their parents. All unused tickets will be open to the general public on the days of the meet. The cost per ticket is \$7 in accordance with GHSA rules.

Commemorative T-shirts: Eagle Sportz will be on hand at this year's meet to do commemorative and customized t-shirts. The Region 6-AAAAAA design will feature all the schools on the shirt with the meet logo.

Contacts:

Patrick Parsons-Meet Director
Allatoona High School
patrick.parsons@cobbk12.org

Commemorative T-Shirts: Eagle Sportz will be on hand at this year's meet to do commemorative and customized t-shirts. The region 6-AAAAAA design has all schools printed on the front with the meet logo.

Facility: 8 lane Mondo track (1/4 inch pyramid spikes or smaller). Timing will be FAT done by Lassiter HS.

Entries: 3 entries per event and 1 entry per relay events. Entry deadline is Tuesday April 20 @ Noon.

Sectionals: Top 4 from each event will qualify for the Sectional Meet

Awards: TROPHIES: REGION CHAMPIONS and RUNNER UP(GIRLS & BOYS TEAMS)

MEDALS: TOP 4 PLACES

Scoring: Individual and relay: 10-8-6-5-4-3-2-1

Field Events:

Long & Triple Jump: 3 flights with 3 jumps per athlete, 9 athletes to the final for 3 additional jumps.

Shot Put & Discus: 3 flights with 3 throws per athlete, 9 athletes to the final for 3 additional throws.

Meet Officials

Timing/computer meet setup/finish line: Scott Freed—Lassiter High School

Starter: Michael Taylor

Back-Up Starter:

Timer: Lassiter High School

Clerk/Check-In: Allatoona

School Responsibilities:

Girls & Boys High Jump- Sprayberry/Lassiter

Girls & Boys Pole Vault- Allatoona /Kennesaw Mountain

Girls Horizontal Jumps- Pope

Girls & Boys Shot Put- Osborne/Kell

Boys Horizontal Jumps- South Cobb/Allatoona

Girls & Boys Discus- Wheeler

Exchange Zone Judges 4X100:

(Ex#1) Sprayberry

(Ex#2) Kell

(Ex#3) Osborne

Jury of Appeals: TBD at coaches meeting

Wednesday 4/28

Coaches Meet at 10:00am Last Chance to make changes

Field Event Session 1: 10:45am am.

Girls Shot Put

Girls Triple Jump

Girls Pole Vault

Boys Discus

Boys Triple Jump

Field Event Session 2: 12:00p.m.

Girls Discus

Girls High Jump

Girls Long Jump

Boys Pole Vault

Boys Shot Put

Boys High Jump

Boys Long Jump

Running Events

****2-4 heats, Heat winner plus next best times to FINAL**

- 12:00 4X800 FINAL
- 3:00 4x100M Prelims 4 Total Heats
- 3:30 400M Prelims 8 Total Heats
- 4:00 100m Prelims 8 Total Heats
- 4:20 100/110m Hurdles Prelims 8 Total Heats
- 4:40 800m Run Prelims 4 Total Heats
- 5:00pm 200m Dash Prelims 8 Total Heats
- 5:20pm 300IH Hurdle Prelims 8 Total Heats
- 5:35pm 3200m Run Finals 2 Heats

Friday Session 5: Running Finals 3:00pm start ALL EVENTS ARE FINALS

3:00 4x100

3:15 1600m Final

3:45 400m

4:00 100m

4:10 100/110H

4:25 800

4:35 200

4:50 300H

5:00 Break (Award Presentation)

5:30 4x400