

# Mon

Feb 23

All  
3:45-5:30  
(home g lax)



We will carve  
out time for:  
Field Events  
Handoffs

 41°  
(real feel 30)

# Tues

Feb 24

3:45-4:30  
(varsity sprint)  
(Distance)  
6:10-7:20am

JV Meet  
@ Lassiter  
5:00 Field Events  
& 3200m  
5:45 Track Events

 54°  
Bring layers  
to the meet!

# Wed

Feb 25

3:30-5:15  
(varsity)  
(Distance)  
6:10am

JV Sprinters  
who ran Tue,  
have the day  
off

 58°  
Still a little breezy

# Thur

Feb 26

All  
3:45-5:30  
(home b lax)

We will have  
field events  
(weather  
permitting)

 64°  
Windy and  
Rainy!

# Fri

Feb 27

3:45-5:15  
(home g lax)  
(Distance)  
6:10am Inside

Pre Meet

 65°  
Enjoy!

# Sat

Feb 28

Varsity Meet

@ Buford

 71°