# **Blessed Trinity Track and Field**

## 2024 Region 7-AAAAAA Track & Field Championships Wednesday, April 24 & Friday, April 26

## Wednesday, April 24

### COACHES MEETING: 9:15 AM in the field house.

FIELD EVENTS: All Finals! (Top four in each event qualify for Sectionals)

10:00 AM	GIRLS DISCUS	BOYS POLE VAULT
	GIRLS TRIPLE JUMP	BOYS LONG JUMP
	GIRLS HIGH JUMP	BOYS SHOT PUT

#### **RUNNING EVENTS:**

Qualifying: Heat winner and next fastest times qualify for finals.

10:15 AM 4x800 Meter Relay FINALS	2:15 PM 400 Meter Dash Qualifying
1:00 PM 100/110 Meter Hurdles Qualifying	2:35 PM 300 Meter Hurdles Qualifying
1:20 PM 100 Meter Dash Qualifying	2:50 PM 800 Meter Qualifying
1:40 PM 4x200 Meter Relay FINAL	3:10 PM 200 Meter Dash Qualifying
1:55 PM GIRLS 1600 Meter Run FINAL	3:30 PM BOYS 3200 Meter Run FINAL

# <u>Friday, April 26</u>

COACHES MEETING: 9:15 AM in the field house.

FIELD EVENTS: All Finals! (Top four in each event qualify for Sectionals)

10:00 AM	GIRLS POLE VAULT	BOYS DISCUS
	GIRLS LONG JUMP	BOYS TRIPLE JUMP
	GIRLS SHOT PUT	BOYS HIGH JUMP

**<u>RUNNING EVENTS</u>: All <u>Finals</u>! (Top four in each event qualify for Sectionals)** 

1:00 PM	100/110 Meter Hurdles FINAL	2:45 PM	300 Meter Hurdles FINAL
1:20 PM	100 Meter Dash FINAL	3:10 PM	800 Meter FINAL
1:40 PM	BOYS 1600 Meter Run FINAL	3:40 PM	200 Meter Dash FINAL
2:00 PM	4x100 Meter Relay FINAL	4:00 PM	GIRLS 3200 Meter Run FINAL
2:20 PM	400 Meter Dash <b>FINAL</b>	4:30 PM	4x400 Meter Relay FINAL

#### TEAM AWARDS TO FOLLOW

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### **OFFICIATING DUTIES**

Meet Director – Ryan O'Sullivan (Blessed Trinity) Jury of Appeals – All Head Coaches (coaches involved in conflict will be exempt) Head Starter - Matthew Chestnut (USATF) Timing - Trojan Timing Group

### **Field Events Judging - Both Days**

Shot Put: Alpharetta / LassiterTriple Jump: Alpharetta / RoswellDiscus: Blessed Trinity / Johns CreekHigh Jump: Roswell / Johns CreekLong Jump: Pope / SprayberryPole Vault: Blessed Trinity / Pope

## **Exchange and Curve Judges - Both Days**

#### 4x100 Meter Relay Exchange Zone Judges

Zone 1 - Pope / Sprayberry Zone 2 - Alpharetta / Roswell Zone 3 - Blessed Trinity / Johns Creek

### 4x200 Meter Relay Exchange Zone Judges

Zone 1 - Sprayberry / Blessed Trinity Zone 2 - Lassiter / Alpharetta

### 800 Meter / 1600 Meter / 3200 Meter / 4x400 Relay / 4x800 Relay Judges

1st Curve - Roswell Back Stretch & Break Line - Blessed Trinity 2nd Curve - Johns Creek Home Stretch - Pope