

Pope Track & Field

Physical must be loaded to parentvue by
Friday to practice on Tuesday

MON.
JAN
12

No Conditioning
Strength Training in class
3 days until Kickoff

TUES.
JAN
13

Last Day of Conditioning
Strength Training in class
2 days until Kickoff

WED.
JAN
14

No Conditioning
Strength Training in class
1 days until Kickoff

THURS.
JAN
15

No Conditioning
Strength Training in class
Kickoff Banquet in Cafeteria 6:30

FRI.
JAN
16

No Conditioning
Strength Training in class
Physicals must be in to practice Tuesday!

7
13



+2%

58°

39°

